

Position Description

Position Title:	Mental Health Nurse or Allied Health Professional (Social Worker, Occupational Therapist or Psychologist)
EBA / Award:	Non Award Contract
Classification:	Non Award Contract
Reports to Operational:	Towards Change Team Leader
Primary Site:	Greater Shepparton – Strathbogie - Moira
Last updated:	7 th February 2024

Be part of a major boost to mental health and wellbeing in Victoria!

The Mental Health and Wellbeing Locals are an important part of Victoria’s reformed mental health and wellbeing system. The Victorian Government has committed to establishing 50 Mental Health and Wellbeing Locals.

In Greater Shepparton Strathbogie - Moira, Wellways, APMHA Healthcare and GV Health are working together to offer an easy way to access care and support for people aged 26 years and over who are experiencing mental health concerns – including people with co-occurring alcohol and drug support and care needs and their family, carers, and supporters.

Mental Health and Wellbeing Locals are free, voluntary, and easy to access, with no referral required. Importantly, these new services will be delivered on the basis of ‘*how can we help?*’ and a ‘*no wrong door*’ approach, focused on giving choice and control over how the participant wants to receive support.

This new service will make it easier for the participant to access the support they need, closer to home and family, carers, and support networks.

Most importantly, Mental Health and Wellbeing Locals are safe spaces for everyone.

Commitment to Reconciliation

The Mental Health and Wellbeing Local knows that Aboriginal and Torres Strait Islander people have not always been well-served by mental health and disability organisations. Their social and emotional wellbeing has been impacted by generations of trauma, injustice and deprivation. As partner organisations, we recognise our responsibility in addressing these issues of injustice, inequality and stigma as part of ensuring our services are both welcoming and helpful for people and their families. As part of our commitment to reconciliation, we are working to create culturally aware and safe services for First Nations Community Members.

Working together - how we will deliver services

The Mental Health and Wellbeing Local is community-led and integrated through partnership that shares power, creating a responsive, flexible and helpful service.

The Local will operate seven days a week, with extended operating hours to support a flexible and responsive service. The Local Service model will provide integrated clinical support, care, and wellbeing support to participants and their family members or carers. The provided services will be in response to participants experiencing a mental health challenge and co-occurring substance use or addiction. This approach will improve the capacity of individuals to engage in our community and respond to any future psychological distress.



Community

The Mental Health and Wellbeing Local Services will be community-led, and co-production will ensure a diverse range of perspectives are included in the design, delivery, and governance of the Local Services, ensuring it reflects, responds and is accountable to the local community it supports.

Connected

An integrated service system connected through governance (partnership, operational and clinical) systems and workforce ensures people can access the right support at the right time.

Creating capacity for citizenship

Our model of care and governance structure has been designed to create capacity. Our workforce, individuals, and their natural supports recognise and respond to psychological distress and address barriers that prevent people from participating in their community and leading meaningful lives.

Team

This role makes up part of the Towards Change Team and is a crucial part of the Victorian Mental health reform work that the Local partners are undertaking. This role will be part of a growing service system that places the community in the centre of the Local Mental Health and Wellbeing network across Victoria.

The Towards Change Team provide a range of assessments depending on client need and will deliver evidence-based interventions beyond mental health, extending to physical health, substance dependence issues, employment, and relationships support, as part of the broader Local workforce.

The Towards Change Team are responsible for providing assessment and care planning for clients referred via the Support and Connect Program, and will work alongside dedicated Wellbeing Peer Navigators from the Support and Connect Team.

Role Purpose

The Towards Change Team clinician, employed by APMHA and working with Peer Navigators from the Support and Connect Team, will provide evidence based clinical interventions for participants. The Towards Change Team will encompass clinically and therapeutically proficient clinicians, as well as a Creative Arts Peer Worker, providing tailored mental health support to clients and their families via their wellbeing plan, including to those with co-occurring substance use or addiction.

How you will make a difference

The Towards Change Team clinician will play a vital role in ensuring participants, carers, and their families receive valuable, supportive evidence based, biopsychosocial and therapeutic mental health care, from dual disability and dual diagnosis competent workers.

Now is your chance to shape the future of mental health and wellbeing reform in Victoria to ensure that everyone is supported and included.

Key areas of accountability

Area	Deliverable
General	<ul style="list-style-type: none"> • Working as part of the Greater Shepparton Strathbogie - Moira (GSSM) Towards Change Team, contribute to the development of the program and regional plans. • Support the Towards Change Team to help participants identify, engage and remain engaged with the range of health and social care services they need, as well as access local social and community activities. • Work collaboratively with the Support and Connect Team Peer Navigators and other partners to create safety assessments, including assessment of suicide risk and violence risk, develop action and safety plans to mitigate any risks, providing follow up support if required. • Play a role in ensuring a “no wrong door approach” for participants, ensuring you contribute to providing a warm and safe environment for participants accessing the Local. • Undertake any additional tasks as requested that reasonably fall within the scope of the position and classification.
Clinical	<ul style="list-style-type: none"> • Establish therapeutic relationships with Local participants . • Conduct assessments and regular review of participants mental state, risk assessment and ongoing care needs, communicating all risk/s to the Towards Change Team Leader. • Provide evidence-based interventions to participants requiring mental health support, including those with co-occurring substance use or addiction. • Participate in the transition of care / discharge for participants utilising the clinical risk screening, assessment and care planning approach adopted by the Locals. • Facilitate and participate in joint planning/case conferencing to ensure a coordinated response between

	<p>the participants health, wellbeing, disability supports and other needs.</p>
<p>Promote continuous improvement</p>	<ul style="list-style-type: none"> • Participate in the development and evaluation activities of the program, as required. • Ensure all services are delivered with regard to APMHA and the Locals policies, procedures, and applicable legislative, accreditation standards and service level agreements. • Provide feedback as appropriate to the Towards Change Team Leader any service improvements or issues identified in the delivery of the service. • Ensure participant complaints/issues are promptly addressed. • Adhere to organisation policies and procedures relating to Workplace Health and Safety and at all times, take responsibility for own and colleagues wellbeing. • Ensure entry and collection of program data in line with Local Guidelines. • Ensure clinical note recording and data entry via the designated Client Information Management Systems (CiMs).

Key Requirements

Area	Description
<p>Qualification & Experience</p>	<p>Essential:</p> <ul style="list-style-type: none"> • Current AHPRA Registration for Mental Health Nurses, Psychologists and Occupational Therapists <p>OR</p> <ul style="list-style-type: none"> • Current registration with AASW for Social Workers • Post graduate experience working in a mental health or AOD setting (minimum 6 months) • Demonstrated time management abilities, excellent communication (written and oral) and interpersonal skills. • Demonstrate a friendly, proactive approach and ability to work with competing demands and balance priorities with efficiency and professionalism. • Ability to work effectively independently and within a team. <p>Desirable:</p> <ul style="list-style-type: none"> • Experience working with vulnerable/priority populations in a mental health setting.
<p>Information Technology</p>	<ul style="list-style-type: none"> • Good working knowledge of MS Office Suite • Experience in using a Client Information Management Systems (CiMs) and Customer Relationship Management Systems (CRM).
<p>Compliance</p>	<ul style="list-style-type: none"> • Certification of qualifications • National Police Check • International Police (if required) • Current Working with Children Check-employment • Evidence of right to work in Australia • NDIS Workers Screening Check • 100 points of identification • NDIS Workers Orientation Modules – free online course.

<p>Other</p>	<p>Desirable</p> <ul style="list-style-type: none"> • Applicants with personal lived experience of mental health challenges or have cared for someone with mental health challenges. • Aboriginal, Torres Strait Islander, people living with a disability and Culturally and Linguistically Diverse people and who identify as LGBTIQ+ are encouraged to apply.
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Required Values & Behaviours

Area	Description
Authenticity and Integrity	<ul style="list-style-type: none"> • We will bring our whole selves to the table and work from a position of trust and belief in the other, recognising community and wellbeing belongs to all of us. • We are committed to leading a culture that is helpful and understands people exist and have complex intersectional circumstances that can lead to psychological distress.
Compassion	<ul style="list-style-type: none"> • We will commit to a compassionate approach and understanding leading with curiosity.
Respectful Collaboration	<ul style="list-style-type: none"> • We are respectful and recognise the power in our different experiences and organisations work views and recognise we all have something to learn from each other.
Quality and Safety	<ul style="list-style-type: none"> • Ensure any risks are identified and reported promptly and that prevention strategies are implemented to ensure the safety of all participants. • Ensure and take all reasonable care for your personal safety and the safety of, participants and colleagues. • Actively participate in workplace health and safety initiatives and consult with colleagues and management in relation to issues that impact on the safety of the workplace. • Comply with all Policies and Procedures • Maintain confidentiality as per Greater Shepparton Strathbogie - Moira Mental Health Local policies and procedures and in accordance with relevant privacy and health records legislation. • Actively involve participants and/or carers in quality and safety improvement activities. • Maintain up-to-date immunisation status related to own health care worker category. • Ensure that the principles of general and participant manual handling are adhered to.

People & Culture	<ul style="list-style-type: none"> • Act in accordance with the 'Code of Conduct' and 'Workplace Behaviour' Policies. • Actively participate in relevant professional development. • Display high levels of professional behaviour at all time
Equality and Equity	<ul style="list-style-type: none"> • We will strive for equality and equity in our approach to partnership and the community we serve. • We aim to break down the barriers of power and privilege recognising we come together toward a common goal.
Honesty and Courage	<ul style="list-style-type: none"> • We will have robust feedback mechanisms in our model of care and governance structure to actively engage with community and participants to ensure we are meeting their needs and we are accountable to these. • We lean into difficult conversations realising this is when there is the greatest opportunity to learn.
Excellence and Appreciation	<ul style="list-style-type: none"> • Our work will be evidence based and we commit to continuous quality improvement processes to ensure the people using our service have excellent outcomes.
Commitment to reconciliation	<ul style="list-style-type: none"> • Demonstrates commitment to reconciliation. • Work towards creating culturally aware and safe services for First Nations Community Members.

Scope of Authority

Direct employees to start or cease work	Not authorised
Recruit/terminate employees	Not authorised
Appoint contracts	Not authorised
Approve expenditure	Not authorised
Media contact	Not authorised

Acceptance/ agreement

I declare that I have read, understand, and will abide by the above position description.

Name: _____

Signature: _____

Date: _____

Authorisation

Name: _____

Signature: _____

Date: _____